



On 5<sup>th</sup> October 2018, Herts Traffic Management came together to host a Macmillan Coffee Morning in Watford and help raise £600 for people living with cancer.

Bringing millions of people together for coffee and cake each year, Macmillan Cancer Support's World's Biggest Coffee Morning has become a British institution over the years – with thousands of events happening up and down the country including at Herts Traffic Management Head Office

With the line of work that we are in, many find themselves away from the depot a lot, but everyone managed to find the time even if it was just a flying visit in order to supply a cake which in turn supported donations. We even had a raffle where colleagues kindly donated gifts and staff were able to purchase tickets with the hope of winning some delicious goodies or even a sparkling wind spinner. All proceeds from cake sales and raffle tickets went towards the cause.

Speaking after the event, Richard (Managing Director) said:

*"We really enjoyed doing our bit for this year's Coffee Morning. It was great to get people together, have a nibble and a natter and raise money for Macmillan to help people living with cancer at the same time. I want to thank everyone who supported and helped to make it a success."*

Herts have hosted a Macmillan coffee morning for a couple of years now and plan to continue this for many more years to come.

To support Macmillan, you can donate here: <https://www.macmillan.org.uk/donate>.  
If you need support, please visit Macmillan's website [www.macmillan.org.uk](http://www.macmillan.org.uk) or call Macmillan's Support Line for free on 0808 808 00 00, Monday - Friday 9am - 8pm.

#### **About Macmillan's World's Biggest Coffee Morning fundraising event**

The World's Biggest Coffee Morning on Friday 28th September is Macmillan's biggest fundraising event for people facing cancer. We ask people all over the UK to host their own Coffee Mornings and donations on the day are made to Macmillan. Last year alone Macmillan raised over £27 million and together we can make this another successful year.

The first ever Coffee Morning happened way back in 1990. It was a rather small affair with a simple idea: guests would gather over coffee and donate the cost of their cuppa to Macmillan in the process. It was so effective, we did it again the next year – only this time nationally. Since then, Coffee Morning has raised over £200 million for Macmillan.

#### **About Macmillan Cancer Support**

Being told 'you have cancer' can affect so much more than your health – it can also affect your family, your job, even your ability to pay the bills. But you're still you. We get that. And, after over 100 years of helping people through cancer, we get what's most important: that you're treated as a person, not just a patient.

It's why we'll take the time to understand you and all that matters to you, so we can help you get the support you need to take care of your health, protect your personal relationships and deal with money and work worries.

We're here to help you find your best way through from the moment of diagnosis, so you're able to live life as fully as you can. For information, support or just someone to talk to, call 0808 808 00 00 or visit [www.macmillan.org.uk](http://www.macmillan.org.uk)